FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person					Issuer Name and Ticker or Trading Symbol KNOW LABS, INC. [KNWN]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
					3. Date of Earliest Transaction (Month/Day/Year)								-	Director Officer (gi	ve title	X	Other (
(Last)	(Fi	rst)	(Middle)	0	01/23/2023									below) below)						
500 UNION STREET										Former CEO and President										
SUITE 810					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
(Street)														Form filed by More than One Reporting Person						
SEATTLE WA 9810			98101												.,			5		
(City) (State) (Zip)			(Zip)																	
			Table I - Nor	n-Deriva	ative	e Sec	urities A	cquired, I	Disp	osed o	of, or l	Benefi	cially Ow	ned						
D				2. Transa Date (Month/D		ar) E	A. Deemed xecution Date any /onth/Day/Ye	Code (Ir	tion ıstr.	4. Securities Ac Disposed Of (D		Acquired (A) or (D) (Instr. 3, 4 and 5)		5. Amount Securities Beneficially Following F Transaction	Owned Reported	Form	nership : Direct (D) lirect (I) . 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amoun	unt (A) or (D) F		Price	(Instr. 3 and 4)				(1150.4)			
Common Stock														3,005,000		D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of	2.				mber of	6. Date Exercisable and 7. Title and Amount			,	8. Price of	9. Number of		10.	11. Nature						
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Ir 8)	(Instr. Sec Acc Dis		vative irities iired (A) or osed of (D) r. 3, 4 and	Expiration D	5. Date Exercisable a Expiration Date Month/Day/Year)		And 7. Trite and Amount Securities Underlyin Derivative Security and 4)		erlying	ng Derivative		e s ally g	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Exp Dat	iration e	ation		mount or umber of hares	- Tran (Inst		ion(s)				
Option to Purchase Common Stock	\$1.28	01/23/2023		J ⁽¹⁾			0	(1)(2)	01/2	01/23/2024		non ck 1	,000,000	\$0	1,000,00		D			
Option to Purchase Common Stock ⁽²⁾	\$1.1	01/23/2023		J ⁽¹⁾			1,200,000	(1)(3)		(1)(3) Common Stock 1,20		,200,000	\$0	0		D				
Option to Purchase Common Stock ⁽³⁾	\$1.53	01/23/2023		J ⁽¹⁾			3,959,795	(1)(4)	01/2	23/2024	Comr Sto		,959,795	\$0 304,6		00	D			
Option to Purchase Common Stock	\$2.09	01/23/2023		J ⁽¹⁾			975,000	(1)(5)	01/3	23/2024	Comr Sto		975,000	\$0 325		00	D			
Option to Purchase Common Stock	\$1.41	01/23/2023		J ⁽¹⁾			1,250,000	(1)(6)		(1)(6)	Comr Sto		,250,000	\$0 0			D			

Explanation of Responses:

1. Pursuant to Separation and Release Agreement dated January 23, 2023, all outstanding Options to Purchase Common Stock have ceased vesting after the Separation Date (01/23/2023) and all vested stock options shall be exercisable for a period of one year after the Separation Date. All unvested options have been cancelled. As a result, the Company and Bosua entered into amended Stock Option Agreements reflecting the aforementioned terms.

2. All 1,000,000 options are vested; The expiration date has thus been extended from August 1, 2023 to January 23, 2024.

3. All 1,200,000 options have been cancelled.

4. 304,600 options under the stock option agreement dated December 15, 2020 have vested and 3,959,795 remaining options have been cancelled. The expiration date has been amended to January 23, 2024.

5. 325,000 options under the stock option agreement dated December 15, 2021 have vested and 975,000 remaining options have been cancelled. The expiration date has been amended to January 23, 2024. 6. All 1,250,000 options have been cancelled.

<u>/s/ Phillip A. Bosua</u>

** Signature of Reporting Person

02/14/2023 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.